

About the Program

CHRISTUS Santa Rosa Children's Hospital/Comal ISD School-Based Health Clinic

What is a School-based Health Clinic?

Your child's health is essential to great learning. A school-based health center is a safe, easily accessible location on a school campus providing preventative and primary health care services. It is not intended to replace the services of the school nurse, but to act as a resource to ensure children get the health care they need so they can be successful in the academic setting.

The CHRISTUS Santa Rosa Children's Hospital School-Based Health Center (SBHC) is a collaborative effort between CHRISTUS Santa Rosa Children's Hospital and Comal Independent School District (CISD) to provide preventative and minor-acute health services to a target population of students identified as at-risk due to lack of medical coverage or a shortage of providers in the area.

The CHRISTUS Santa Rosa Children's Hospital Pediatric Mobile Unit will serve as the SBHC located at Morningside and Startzville Elementary Campuses on a part-time rotating basis. The SBHC will be available to all eligible CISD students.

Clinic Hours:

Morningside Elementary: Phone: 830.837.7199

Every other Monday from 8:30 a.m. to 2:30 p.m. (except for school holidays)

Closed for lunch between 11:30 a.m. and 12:30 p.m.

Startzville Elementary: Phone: 830.885.8099

Every other Wednesday from 8:30 a.m. to 2:30 p.m. (except for school holidays)

Closed for lunch between 11:30 a.m. and 12:30 p.m.

For information on exact dates, call the respective clinic or a detailed schedule is available online at http://www.comalisd.org/Health_Services.

The SBHC case worker can be reached at the above listed phone numbers from 7:30 a.m. to 4:00 p.m.

Target Population:

The SBHC will focus on CISD students who are **uninsured**, have **Medicaid** or **CHIP** coverage, or do not have an identified Medical Home. A child must have a signed consent form on file to be eligible for services.

Services Provided to qualified individuals:

- Diagnosis and treatment of minor illnesses
- Prescriptions
- Well-child exams, including Texas Health Steps screenings
- Immunizations to qualified individuals
- Referral for counseling and mental health services
- Dental screening and referrals
- Referral and case management of chronic illnesses
- Health education

Consent forms are available at
http://www.comalisd.org/Health_Services

SBHC Staff:

Certified family nurse practitioner
Certified pediatric registered nurse
Case worker
Program clerk

How does the SBHC work?:

The SBHC works very closely with the school nurse's office to identify appropriate referrals to the clinic. If the child presents to the nurse's office, the school nurse will screen the child and will determine whether the child needs further medical intervention and a referral to the SBHC nurse practitioner. The school nurse will contact the parent and advise of the referral. If the student has a consent form on file, the child will be examined by the SBHC staff.

If the student is at another school campus, after screening by the school nurse, the parent will be contacted and asked to transport the student to the SBHC site.

The SBHC wants to be very conscious of those relationships already established between patient and physician. We will encourage all clients with a primary care provider (PCP) to continue that provider relationship. For students with an existing PCP, the physician will be contacted for further direction or permission to see the child.

An example of referrals via the school nurses office:

- A child who is uninsured, on Medicaid or CHIP and is in need of a sick visit
- A child who may be insured, but has no medical home established or is unable to get an immediate appointment with the PCP for a sick visit

Children who do not need to be seen for a sick visit, must call the SBHC in advance for a screening and appointment.

An example of a visit requiring an appointment:

- Any child requesting an appointment for vaccinations
- A child who is uninsured and is in need of assistance with obtaining Medicaid or CHIP
- A child on Medicaid or CHIP and needs a well-child visit
- Any child who does not have a PCP or not currently receiving care from a medical provider and would like assistance obtaining a medical home

What does the SBHC Cost?:

The goal of the SBHC is to ensure that targeted students receive the medical care they need. The clinic will seek reimbursement for services from Medicaid and CHIP for those eligible students. For students who are uninsured, the charge will be minimal, but no student will be turned away due to the inability to pay.

Insured students with permission from the PCP or no medical home will be charged a co-pay.

What do I need to do?:

Complete the consent form available in the school nurse's office or download it at http://www.comalisd.org/Health_Services. Return the documents to the school nurse.

Parental involvement is essential for a school-based health clinic. The SBHC can only provide services to students with written consent of the parent or guardian. Parents do not have to be present at the time of treatment as long as there is a signed consent form on file. However, parents are encouraged to accompany their child to the SBHC whenever possible.

Please call the SBHC for more information or for an appointment:

Morningside: 830.837.7199

Startzville: 830.885.8099

