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# News Release

## **Many expert speakers will be on hand at Comal ISD's Family Summit Nov. 5 at Canyon High**

The theme for the upcoming Comal ISD family summit is "Empowering Children with Healthy Lifestyles."

The summit will take place at Canyon High School in New Braunfels on Saturday, Nov. 5, beginning at 10 a.m.

Many expert speakers will present sessions on "Preparing your child for College," "Helping your child develop character, integrity, and morality," "Bullying," "Topics for Teenagers and Parents," "Why can't we be friends? The Importance of Socialization," "Benefits of Yoga," "Auditory Impaired Share Session," "10 Tips for a Successful Parent/Teacher Conference," "Spanish support for the English-speaking parent of a Dual Language or Spanish Immersion Child," and much more.

In addition, Sandra Shelton, Comal ISD executive director of technology, and Mary Marchetti, Canyon High career counselor, will be on hand in the career center

to answer questions from students and parents about college applications and technology in the school district.

“I think this is a great forum because parents and students get to come and see things at their own pace,” Marchetti said. “There’s something everyone can benefit from a summit like this.”

The summit is free to attend and lunch, door prizes and childcare will also be provided free of charge. A Spanish translator will be present.

Fun activities such as children’s yoga and lessons in the Sow Healthy Garden are planned for children from pre-K to 5<sup>th</sup> grade.

“We are offering a number of different topics to discuss avenues of health in addition to sessions that will help students academically,” said Jamie Ezell, Comal ISD’s parent community liaison. “These range from physical, to mental and emotional. We strongly encourage middle and high school students to attend because there are a number of sessions that will be beneficial to them. Our goal is to help our students be successful both in and out of the classroom.”

The summit will also feature “Children of Children, Portraits and Stories of Teenage Parents,” a multimedia traveling exhibition by photographer Michael Nye. This powerful exhibition features 50 black and white photographs, each accompanied by audio stories told by the individuals in the portraits.

The final sessions of the day are scheduled to conclude at 2:15 p.m.

IN PHOTO: Canyon High career counselor Mary Marchetti will be available at the Comal ISD Family Summit on Nov. 5 to answer questions from students and parents about college applications.

Family Summit: Empowering Children with Healthy Lifestyles  
November 5, 2011

	A 101	A 102	A 103	A 104	Career Center	Career Center
10:00 – 10:45	Dating Matters  <b>Jan Venable</b>		Helping your child develop character, integrity, and morality - <b>Steve Leavit</b>	Why can't we be friends? The Importance of Socialization <b>Rebecca Bloxham</b> Area Resources – <b>Exa Curtis, Jennifer Reboulet</b>	APPLY YOURSELF – Career Center assistance for parents and students. <b>Mary Marchetti</b> Available all day.	DISTRICT TECHNOLOGY HELP FOR PARENTS – Txgradebook, Studywiz, Hot News, etc. <b>Sandra Shelton</b> Available all day.
11:00 – 11:45	Laws you should know – parents and teens. - <b>Judge Charles Stephens</b>	Quick, Nutritional Meals. - <b>Resolute Health</b> and Myplate – <b>Amie Ploe</b>	How to re-direct unhealthy behaviors - <b>Steve Leavit</b>	Auditorially Impaired Share Session -- <b>Barbara Talamantez</b>		
11:45 – 12:30 Lunch Break  Parents should pick up their children to have lunch together in the cafeteria. Lunch is provided.						
12:30 – 1:15	Topics for Teenagers and Parents  <b>Lizzie Trevino</b>	Benefits of Yoga two rivers yoga – <b>Sara Dasso</b>	Preparing your child for College (Spanish presentation) <b>Monica Carney</b>	Spanish support for the English-speaking parent of a Dual Language or Spanish Immersion Child – <b>Jose Salazar</b>	APPLY YOURSELF – Career Center assistance for parents and students. <b>Mary Marchetti</b> Available all day.	DISTRICT TECHNOLOGY HELP FOR PARENTS – Txgradebook, Studywiz, Hot News, etc. <b>Sandra Shelton</b> Available all day.
1:30 – 2:15	Bullying  <b>Lizzie Trevino</b>	10 Tips for a Successful Parent/Teacher Conference – <b>Shari Tucker</b>	After School Activities – <b>Catherine Robert</b>			