



Fit-Time For Families



Sponsored by Comal ISD Continuing Education

Fit-Time has partnered with your local school with one goal in mind, to provide quality, fast paced fitness boot camps, with unmatched value, for you **and a guest!* The Fit-Time For Kids involves agility, jumping, running, strengthening, endurance and nutritional training in a safe learning environment...*AC-Memorial Early College High School in New Braunfels!* Fit-Time instills confidence and healthy habits that promote fitness for life!

Fit-Time For Families...Fitness for Life!

Check your desired sessions below:

Tuesdays and Thursdays

6 pm to 7 pm

Session One

\$98.00

Jan 24, 26

Jan 31, Feb 2

Feb 7, 9

Feb 14, 16

Session Two

\$98.00

Feb 21, 23

Feb 28, Mar 1

Mar 6, 8

Mar 20, 22

Session Three

\$98.00

Mar 27, 29

Apr 3, 5

Apr 10, 12

Apr 17, 19

*** Fit-Time For Families wants to encourage family fitness therefore we allow you to bring one family member as your guest at no additional charge. Your guest must be 13 years of age or older to participate with you. Your guest must complete and sign this form prior to attending and the paying member must accompany the guest to participate in the program.**

There will be a minimum of 10 participants per session

YOUR NAME: _____ **AGE** _____

ADDRESS: _____ **CITY, STATE, ZIP:** _____

PHONES: HOME _____ **CELL** _____ **WORK** _____

Email _____

YOUR GUEST'S NAME: _____ **AGE** _____

I authorize the release of student/s name and picture to CISD Community Ed Brochure, and/or news media. Yes No

WAIVER OF LIABILITY & MEDICAL RELEASE

In and for consideration of my participation in this program, I hereby agree and promise that we will not hold the Comal Independent School District, or RCS Affiliates, LLC d.b.a. Fit-Time For Kids, its employees, or any instructors responsible for any loss, damages, or personal injuries that my child may receive as a result of participation. This waiver of liability expressly includes transportation to and from, or in connection with, said program.

Your Signature: _____ **Date:** _____

If your guests are under the age of 18 a parent/guardian signature is required below:

Parent/Guardian Signature: _____ **Date:** _____

Guest's Signature: _____ **Date:** _____

Please call the Community Education office at 830-221-2177 with any questions.

Registration and payment must be received before the first day of class to hold your spot in the class. Enroll online or submit this form with a check payable to COMAL ISD Community Education Dept. on the first day of class.

Register online at <http://comalisd.revtrak.net>